Notes for people with disabilities

[Half Marathon and Youth Run]

- · People with disabilities who would have trouble running alone are allowed to have an escort runner (guide dogs are not allowed as escorts). The escort runner's participation fee is free, but the escort runner's time will not be recorded unless the escort runner also registers as a participant.Participation in wheelchairs is not permitted.
- · People who would have trouble running alone are allowed to have an escort runner (guide dogs are not allowed as escorts).
- ·Participation using regular wheelchairs and baby strollers is also allowed, however, competition wheelchairs are not allowed.

Information on **Partnership Events**



Finishers of Minato City Half Marathon 2024 who meet the nomination criteria will be selected by lottery, and selected runners will be awarded the right to run in the Tokyo Marathon 2026.



Selected TEAM ONE TOKYO members and Tokyo Athletics Association registrants who have completed the race in the JAAF registrant division, and who wish to be selected for the [Tokyo Athletics Association Recommendation], will be granted the right to run in the Tokyo Marathon 2026.



The top male and female finishers of Minato City Half Marathon 2024 who meet the nomination criteria will be granted the right to attend to the 16th Iwaki Sunshine Marathon. (Participation and accommodation are free of charge) *Minato City residents only.

Details about the number of participants selected and the contact information will be announced in the official program to be sent to those whose participation has been in early November.

RUNasONE and TEAM ONE TOKYO nominees will be granted the right to run in the "Tokyo Marathon 2026". *Please note that this is not the Tokyo Marathon 2025.

Information on **Partnership Program**



The MCC (Marathon Challenge Cup) series is a project to "support all those who challenge marathon running" by linking about 100 popular full marathons (MCC), half marathons (HMCC), and ultramarathons (MCC100) across Japan.

- (1) The MCC Annual Grand Prize, with a total prize money of 2 million yen, will be awarded. It could even go to a
- supporter or volunteer! "HMCC Special Record Certificates" will be issued to those who achieve personal best times, who achieve annual personal best times, who complete their first half marathon, and who achieve sub-80 for men or sub-90 for women.
- (3) "Age-group rankings by individual events" will be announced! The top male and female runners in each age category will be awarded Runner's Points (RUNPO).

Guest Runners

Half Marathon



Mr. WATANABE Yuta Actor, TV personality [TV Appearances] · News every." WATANABE Yuta's Tokyo Homestay"

· MEGA TEN! Eye-Popping Science "Experiment Presenter"

[Main competitions (guest runner)] 2017 Ehime Marathon



Mr. KOBAYASHI Yoshihisa TV personality [TV Appearances] · 2005-2019 NHK Okaasan to Issho (With Mother) 11th male gymnastics coach

Fun Run



Mr. TAKADA Yuji Deaflympics Japanese representative [Main competitions] 2003 AP Deaf Athletics Championships 400m Hurdles, 4×100 m Relay

Gold medalist



Mrs.TAKADA Chiaki Paralympics Japanese representative [Main competitions] 2018 Asian Para Games Silver medalist in Long Jump

◎ We are in the process of cordinating with other guest runners, in addition to the four people above!! Once their participation is confirmed, we will let you know on the offcial event site!

Official social media

X (Formerly Twitter)





#minatocityhalfmarathon #MCHM

YouTube





The event, while it's happening

TATTA





Official community page open!